

Unpack the loss of:

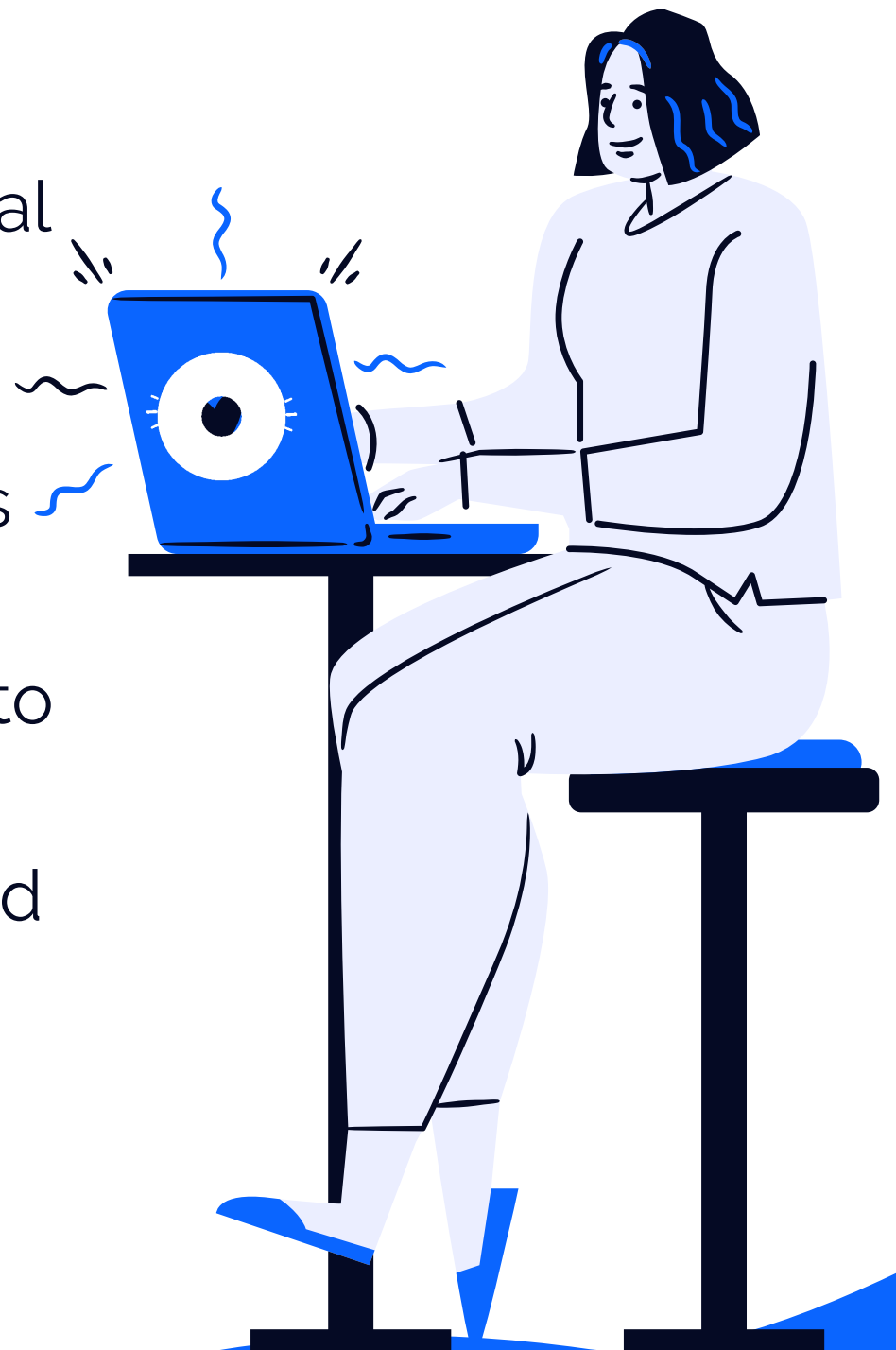
~~graduation—~~
~~spring quarter—~~
~~summer plans—~~
~~research opportunities—~~
~~internship & job opportunities—~~
~~feelings of safety—~~
~~trust in our government—~~
~~support network—~~

with us in a



TALKING CIRCLES ARE...

- A safe, nonjudgmental spaces to talk about how COVID-19 has impacted your life
- Facilitated by two student peers and a licensed counselor from CAPS
- Confidential non-clinical support group
- A way to validate the emotions that students are experiencing
- Opportunities for you to be a support for other students and supported in return





Join Us!

Check out the
dates on the
RSVP!



bit.ly/3d1AD5S

